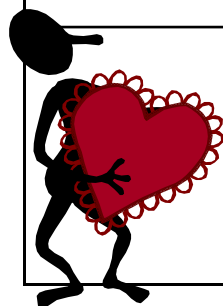


920-967-3530

# Menasha Senior Center February 2010

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 Computer class 1 9:30 <b>Wii Golf</b> 9:30 Line Dancing 11:20 Meals 12:30 Scrabble 1:00 Men's cards	10:00 <b>Wii Bowling</b> 2 11:20 Meals 12:00 <b>Yopilate</b> exercise 1:30-3:00 <b>Blood Pressure ck</b>	8:30-12n TaxAide 3 9:30 Line Dancing 10:00-11 Chair exercise 11:00 <i>You Can Do It</i> 11:20 Meals 12:30 Texas Hold'em 12:30 Shuffleboard 1:00 VNA Foot-care	8:30 Oil Painting 4 10:00 <b>BenSpec</b> 11:20 Meals 12:30 Cribbage 1:00 Bridge	10:00 <b>Wii</b> 5 11:20 Meals 1:00 Quilting 12:30 <i>Hand&amp;Foot</i>
9:00 Computer 8 9:30 <b>Wii Golf</b> 9:30 Line Dancing 10:30am <b>Nutro</b> Bingo 11:20 Meals 1:00 Men's cards	9:30 Wichmann pres. 9 10:00 <b>Wii Bowling</b> 11:20 Meals 12:00 <b>Yopilate</b> exercise 1:30-3:00 <b>Blood Pressure ck</b>	8:30-12n TaxAide 10 9:30 Line Dancing 10:00-11 Chair exercise 11:00 <i>You Can Do It</i> 11:20 Meals 12:30 Texas Hold'em 12:30 Shuffleboard	7:45 CA meeting 11 8:30 Oil Painting 9:30 PC meeting 10:00 <b>BenSpec</b> 11:20 Meals 12:30 Cribbage 1:00 Bridge	10:00 <b>Wii</b> 12 11:20 Meals 1:00 Quilting 12:30 <i>Hand&amp;Foot</i>
9:00 Computer class 15 9:30 <b>Wii Golf</b> 9:30 Line Dancing 11:20 Meals 12:30 Scrabble 1:00 Men's cards 1-3 <b>Valentines/Spaghetti Luncheon</b>	10:00 <b>Wii Bowling</b> 16 11:20 Meals 12:00 <b>Yopilate</b> exercise 1:15-3:00 <b>Blood Pressure ck</b> 2:00 <b>SALT</b> meeting	8:30-12n TaxAide 17 9:30 Line dancing 10:00-11 Chair exercise 11:00 <i>You Can Do It</i> 11:20 Meals 12:30 Texas Hold'em 12:30 Shuffleboard	8:30 Oil Painting 18 11:20 Meals 12:30 Cribbage 1:00 Bridge	10-11 <b>Colorrectal Screen.</b> 19 10:00 <b>Wii</b> 11:20 Meals 1:00 Quilting 12:30 <i>Hand&amp;Foot</i>
9:00 Computer class 22 9:30 <b>Wii Golf</b> 9:30 Line Dancing 11:20 Meals 12:30 <b>Card making class</b> 1:00 Men's cards	9:00 Newsletter Assembly 23 10:00 <b>Wii Bowling</b> 10:30-12 <b>Blood pressure</b> 12:00 <b>Yopilate</b> exercise 11:20 Meals	8:30-12n TaxAide 24 9:30 Line Dancing 10:00-11 Chair exercise 11:00 <i>You Can Do It</i> 11:20 Meals 12:30 Texas Hold'em 12:30 Shuffleboard	8:30 Oil Painting 25 11:20 Meals 12:30 Cribbage 1:00 Bridge 1:00 VNA Foot care	10:00 <b>Wii</b> 26 11:20 Meals 1:00 Quilting 12:30 <i>Hand&amp;Foot</i>



**You are our valentines** - so take good care of yourself.

February is American Heart Month and Macular Degeneration Awareness and Low Vision Month.  
Find information at [www.americanheart.org](http://www.americanheart.org) and [www.preventblindness.org](http://www.preventblindness.org)